



# Handbook of Alcoholism Treatment Approaches: Effective Alternatives, 3rd Edition

By Reid K. Hester, William R. Miller

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*The Handbook of Alcoholism Treatment Approaches* is a comprehensive, results-based guide to alcohol treatment methods. This handbook surveys the various models that have been used to define alcoholism, ending with a discussion of what the authors call "an informed eclecticism." Using this approach, clinicians develop a spectrum of treatment approaches that have proved effective in practice, then match specific clients with the treatment methods that offer the greatest opportunities for success in these specific circumstances. This new edition of this handy reference provides both practitioners and researchers with a rich source of information on treatment interventions demonstrated to be the most successful. Clinical Psychologists and Alcohol Treatment Specialists.

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