



Whatever Arises, Love That: A Love Revolution That Begins with You

By Matt Kahn

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Whatever Arises, Love That: A Love Revolution That Begins with You By Matt Kahn

There are four simple words that point the way toward liberation and fulfillment: whatever arises, love that. This is the life-changing teaching that Matt Kahn has been sharing with millions of YouTube viewers around the world. *Whatever Arises, Love That* offers a collection of powerful teachings by this highly regarded teacher, providing you with a series of deeply healing insights and practices to ignite the spark of your highest potential. Topics include:

- Discovering the first step in finding inner peace
- Reclaiming the passion, joy, and inspiration of your true innocent nature
- Exploring the essential role of surrender throughout the spiritual journey
- Unraveling the patterns of ego with compassion and ease
- Mastering the vital skill of conscious communication to uplift every relationship and encounter
- Reuniting the mind and heart as a doorway into greater spiritual evolution

As Matt often says, “The deepest invitation in any moment is to heal the root of human suffering and celebrate the Spirit in all by opening your heart to its absolute potential. In a universe of endless questions, love is the only answer.” *Whatever Arises, Love That* is the blueprint for a new spiritual paradigm and your companion in exploring spiritual evolution in the most heart-centered way.



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Editorial Review

Review

“An astoundingly refreshing, practical, and wonderful book. Its advice is life-changing. Seriously. Get this book and apply the wisdom here.”

—**Christiane Northrup, MD**, *New York Times* bestselling author of *Goddesses Never Age* and *Women’s Bodies, Women’s Wisdom*

“*Whatever Arises, Love That* offers a direct path to deep peace and a sense of connection. Drenched in clarity, empathy, and profound tenderness, Kahn’s words are both a hug and a catapult into living life fully. I am so grateful for this book!”

—**Alanis Morissette**, Grammy® award-winning singer-songwriter, speaker, teacher, activist

“Amazing and much-needed book! Matt Kahn has gifted all of us with a divinely inspired masterpiece on the power of love in action.”

—**GuruGanesha**, founder, Spirit Voyage Music

“These words resonate immensely within me, *mi corazón*, and empower my life and music so greatly. This book offers a key to waking up our consciousness, and allowing it to vibrate at a higher level for the benefit of all.”

—**Alex Cuba**, Latin Grammy® and Juno Award-winning singer/songwriter

“Matt Kahn has created an exquisite roadmap for the soul’s evolution. This book has the power to transform the entire planet.”

—**Marci Shimoff**, #1 *New York Times* bestselling author of *Happy for No Reason*

About the Author

MATT KAHN is an author, spiritual teacher, and highly-attuned empath. Since a series of rare and spontaneous awakenings that began at the age of eight with an out-of-body experience and direct connection with Ascended Masters and Archangels, he has been instrumental in transforming lives worldwide through his profound insights and heart-centered teachings. For more, visit TrueDivineNature.com

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