



# Taming the Wild Mushroom: A Culinary Guide to Market Foraging

By Arleen R. Bessette, Alan E. Bessette

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Many mushroom hunters prefer to do their foraging in the marketplace, where all the mushrooms are clearly labeled and safely edible. With this in mind, the Bessettes have written one of the first cooking guides devoted exclusively to choosing and preparing the mushroom species now available in produce markets. Includes 57 original, species-specific recipes for appetizers, soups, salads, and meat and vegetarian entrees. 75 color photos. (University of Texas Press)

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### **Editorial Review**

#### **Review**

"[This book] should be in the kitchen of every gourmet cook who wants to impress guests with mushroom dish creations. Bon Appétit!" (*SIDA: Contributions to Biology*)

#### **About the Author**

Arleen R. Bessette is a psychologist and mycologist who has been collecting and studying wild mushrooms for more than fifty years. She has authored or coauthored several books on mushrooms and teaches classes on mycology and the culinary aspects of mycophagy.

Alan E. Bessette is a mycologist and distinguished emeritus Professor of Biology from Utica College of Syracuse University. He has published numerous professional papers in the field of mycology and has authored more than twenty books.

### **Users Review**

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**David Trudeau:**

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