



The Book of Knowing and Worth: A Channeled Text

By Paul Selig

Download now

Read Online ➔

The Book of Knowing and Worth: A Channeled Text By Paul Selig

The third in Paul Selig’s popular “I Am the Word” channeled literature series, *this* extraordinary psychological-spiritual guide addresses how to overcome low self-worth and claim our true purpose as individuals.

Winner of the 2014 Nautilus Award represents “Better Books for a Better World”—the Silver Award in the category of Religion /Spirituality: Other Traditions.

In his third channeled text, Paul Selig—acclaimed author of *I Am the Word* and *The Book of Love and Creation*—brings us his most practical message yet.

Informing us that “you decide what you are worth,” Selig’s spiritual guides take readers through a program to understand our own inherent worth, and beat the fears that drain our inborn spiritual knowing..

Selig reveals that true understanding of our life’s purpose can be found through “service”—the practice of the thing that you most love. Readers can discover their own form of service through this powerful mantra: “I know who I am, I know what I am, I know how I serve.”

 [Download The Book of Knowing and Worth: A Channeled Text ...pdf](#)

 [Read Online The Book of Knowing and Worth: A Channeled Text ...pdf](#)

The Book of Knowing and Worth: A Channeled Text

By Paul Selig

The Book of Knowing and Worth: A Channeled Text By Paul Selig

The third in Paul Selig's popular "I Am the Word" channeled literature series, *this* extraordinary psychological-spiritual guide addresses how to overcome low self-worth and claim our true purpose as individuals.

Winner of the 2014 Nautilus Award represents "Better Books for a Better World"—the Silver Award in the category of Religion /Spirituality: Other Traditions.

In his third channeled text, Paul Selig—acclaimed author of *I Am the Word* and *The Book of Love and Creation*—brings us his most practical message yet.

Informing us that "you decide what you are worth," Selig's spiritual guides take readers through a program to understand our own inherent worth, and beat the fears that drain our inborn spiritual knowing..

Selig reveals that true understanding of our life's purpose can be found through "service"—the practice of the thing that you most love. Readers can discover their own form of service through this powerful mantra: "I know who I am, I know what I am, I know how I serve."

The Book of Knowing and Worth: A Channeled Text By Paul Selig Bibliography

- Sales Rank: #46862 in Books
- Brand: Unknown
- Published on: 2013-12-26
- Released on: 2013-12-26
- Format: Deckle Edge
- Original language: English
- Number of items: 1
- Dimensions: 7.10" h x .90" w x 5.10" l, .55 pounds
- Binding: Paperback
- 336 pages

 [Download The Book of Knowing and Worth: A Channeled Text ...pdf](#)

 [Read Online The Book of Knowing and Worth: A Channeled Text ...pdf](#)

Editorial Review

Review

Winner of the 2014 Nautilus Award represents “Better Books for a Better World”—the Silver Award in the category of Religion /Spirituality: Other Traditions.

“Generosity and compassion flow from Paul. His gifts help me find deeper connections to myself and to the world. His guidance is powerfully freeing, and, to me, indispensable.”

—**Joan Larkin**

“In a world of would-be psychics making great claims for themselves with little evidence to back them up, Paul Selig is the real thing.”

— **Rachel Pollack, author of *78 Degrees of Wisdom: A Book of Tarot***

“Paul and his Guides somehow manage to transmit and then explain ancient gnostic revelations in simple language that anyone can understand. The result is a kind of handbook on how to access and use the creative or 'out-picturing' powers of language and thought (our 'knowing') and the deep, still unconscious divinity of humanity (our 'worth'). A magical book.”

—**Jeffrey J. Kripal, J. Newton Rayzor Professor of Religious Studies, Rice University**

“Through his clear, compassionate, and at times ruthlessly insightful spiritual guides, Paul Selig has written a breathtaking and powerful treatise on the importance of self worth to spiritual knowing. However, this is no armchair new age philosophy. It is a transformational manual dedicated to making this essential knowing accessible. I found this to be one of the most powerful and influential books I have ever read.”

—**Jose Luis Stevens Ph.D., Co-founder of The Power Path, psychologist, teacher,**

and author of *Secrets of Shamanism, The Power Path, and Awaken the Inner*

Shaman

About the Author

Born in New York City, **Paul Selig** attended New York University and received his master's degree from Yale. A spiritual experience in 1987 left him clairvoyant. Selig is considered one of the foremost contributors to the field of channeled literature working today.

Paul offers channeled workshops internationally. He serves on the faculty of The Omega Institute, The Kripalu Center and the Esalen Institute. Also a noted playwright and educator, he served on the faculty of NYU for over 25 years. He directed the MFA in Creative Writing Program at Goddard College for many years he now serves on the college's Board of Trustees. He lives in New York City where he maintains a private practice as an intuitive and conducts frequent livestream seminars. Information on public workshops, livestreams and private readings can be found at paulselig.com.

Users Review

From reader reviews:

Edward Olivieri:

Do you one among people who can't read satisfying if the sentence chained inside straightway, hold on guys this specific aren't like that. This The Book of Knowing and Worth: A Channeled Text book is readable through you who hate those perfect word style. You will find the info here are arrange for enjoyable reading experience without leaving even decrease the knowledge that want to give to you. The writer connected with The Book of Knowing and Worth: A Channeled Text content conveys the thought easily to understand by most people. The printed and e-book are not different in the articles but it just different as it. So , do you nonetheless thinking The Book of Knowing and Worth: A Channeled Text is not loveable to be your top record reading book?

Irving Wile:

Hey guys, do you really wants to finds a new book to see? May be the book with the subject The Book of Knowing and Worth: A Channeled Text suitable to you? The particular book was written by popular writer in this era. The actual book untitled The Book of Knowing and Worth: A Channeled Text is the main of several books in which everyone read now. That book was inspired lots of people in the world. When you read this book you will enter the new shape that you ever know prior to. The author explained their plan in the simple way, consequently all of people can easily to know the core of this guide. This book will give you a lots of information about this world now. So you can see the represented of the world within this book.

Ross Turner:

This The Book of Knowing and Worth: A Channeled Text is great e-book for you because the content that is full of information for you who else always deal with world and get to make decision every minute. This specific book reveal it details accurately using great organize word or we can point out no rambling sentences in it. So if you are read it hurriedly you can have whole details in it. Doesn't mean it only provides you with straight forward sentences but tricky core information with attractive delivering sentences. Having The Book of Knowing and Worth: A Channeled Text in your hand like obtaining the world in your arm, facts in it is not ridiculous 1. We can say that no guide that offer you world inside ten or fifteen small right but this reserve already do that. So , this really is good reading book. Hi Mr. and Mrs. stressful do you still doubt which?

Thomas Mitchell:

This The Book of Knowing and Worth: A Channeled Text is brand-new way for you who has curiosity to look for some information mainly because it relief your hunger of knowledge. Getting deeper you onto it getting knowledge more you know or you who still having bit of digest in reading this The Book of Knowing and Worth: A Channeled Text can be the light food for you because the information inside this book is easy to get through anyone. These books acquire itself in the form that is reachable by anyone, yep I mean in the e-book application form. People who think that in guide form make them feel drowsy even dizzy this e-book is the answer. So you cannot find any in reading a reserve especially this one. You can find actually looking for. It should be here for you actually. So , don't miss it! Just read this e-book type for your better life and also knowledge.

**Download and Read Online The Book of Knowing and Worth: A
Channeled Text By Paul Selig #YNPVL1A0ZG2**

Read The Book of Knowing and Worth: A Channeled Text By Paul Selig for online ebook

The Book of Knowing and Worth: A Channeled Text By Paul Selig Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Book of Knowing and Worth: A Channeled Text By Paul Selig books to read online.

Online The Book of Knowing and Worth: A Channeled Text By Paul Selig ebook PDF download

The Book of Knowing and Worth: A Channeled Text By Paul Selig Doc

The Book of Knowing and Worth: A Channeled Text By Paul Selig Mobipocket

The Book of Knowing and Worth: A Channeled Text By Paul Selig EPub