



The Language of Choice Theory

By William Glasser

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In this companion volume to the bestselling *Choice Theory*, Dr. William Glasser and his wife, Carleen Glasser, have imagined typical conversations in real-life situations--between parent and child, two partners in a relationship, teacher and student, and boss and employee. On the left-hand page is a typical controlling order or threat, and on the right a more reasonable version, using choice theory, which is more likely to get a favorable response from the child, lover, student, or employee. Through these examples, the principles of choice theory come alive.

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Editorial Review

From the Back Cover

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About the Author

William Glasser, M.D., is a world-renowned psychiatrist who lectures widely. His numerous books have sold 1.7 million copies, and he has trained thousands of counselors in his Choice Theory and Reality Therapy approaches. He is also the president of the William Glasser Institute in Los Angeles.

Carleen Glasser, M.A., is a senior instructor at the William Glasser Institute and the author of two books for children.

Users Review

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