



# Alchemy and Psychotherapy: Post-Jungian Perspectives

From Routledge

Download now

Read Online ➔

## Alchemy and Psychotherapy: Post-Jungian Perspectives From Routledge

Alchemical symbols are part of popular culture, most recently popularised in the Harry Potter books. Alchemy intrigued Carl Jung, the founder of analytical psychology. It inspired him as he wrote 'the Red Book' - the journal of his voyage of internal discovery. He devoted much of his life to it, using alchemical symbols as metaphors for unconscious processes. *Alchemy and Psychotherapy* explores the issue of alchemy in the consulting room and its application to social and political issues. This book argues against the dominant discourse in contemporary psychotherapy - scientific materialism - and for the discovery of spiritual meaning.

Alchemy and Psychotherapy has four main sections:

'Alchemy and meaning' - looks at the history of alchemy, particularly the symbol of the *coniunctio* - sacred marriage - a metaphor for the therapeutic relationship.

'The symbolic attitude' - explores working with dreams, fairytales, astrology and the body: each of which is a symbolic language.

'The spirit and the natural world' - discusses the concept of 'burn out' - of therapists, our ecological resources, the mystical aspects of quantum physics and the philosophical underpinning of symbol formation.

'Clinical Applications' - shows alchemy's use with victims of abuse, those struggling to secure gender identity, in anorexia and in 'social healing' - atonement and restorative justice - which apply the idea of the *coniunctio*.

*Alchemy and Psychotherapy* is illustrated throughout with clinical examples, alchemical pictures and poetry which emphasise that alchemy is both a creative art and a science. Bringing together contributors from a wide range of disciplines, Dale Mathers and contributors show that therapy is both art and science, that the consulting room is the alchemical laboratory, and that their research is their creative engagement. *Alchemy and Psychotherapy* will be a valuable resource for practitioners, students at all levels of psychotherapy, analytical psychology,

psychoanalysis and creative, art-based therapies and for creative practitioners (in film, literature and performing arts) who draw on Jung's ideas.

 [Download Alchemy and Psychotherapy: Post-Jungian Perspectiv ...pdf](#)

 [Read Online Alchemy and Psychotherapy: Post-Jungian Perspect ...pdf](#)

# Alchemy and Psychotherapy: Post-Jungian Perspectives

*From Routledge*

## Alchemy and Psychotherapy: Post-Jungian Perspectives From Routledge

Alchemical symbols are part of popular culture, most recently popularised in the Harry Potter books. Alchemy intrigued Carl Jung, the founder of analytical psychology. It inspired him as he wrote 'the Red Book' - the journal of his voyage of internal discovery. He devoted much of his life to it, using alchemical symbols as metaphors for unconscious processes. *Alchemy and Psychotherapy* explores the issue of alchemy in the consulting room and its application to social and political issues. This book argues against the dominant discourse in contemporary psychotherapy - scientific materialism - and for the discovery of spiritual meaning.

Alchemy and Psychotherapy has four main sections:

'Alchemy and meaning' - looks at the history of alchemy, particularly the symbol of the *coniunctio* - sacred marriage - a metaphor for the therapeutic relationship.

'The symbolic attitude' - explores working with dreams, fairytales, astrology and the body: each of which is a symbolic language.

'The spirit and the natural world' - discusses the concept of 'burn out' - of therapists, our ecological resources, the mystical aspects of quantum physics and the philosophical underpinning of symbol formation.

'Clinical Applications' - shows alchemy's use with victims of abuse, those struggling to secure gender identity, in anorexia and in 'social healing' - atonement and restorative justice - which apply the idea of the *coniunctio*.

Alchemy and Psychotherapy is illustrated throughout with clinical examples, alchemical pictures and poetry which emphasise that alchemy is both a creative art and a science. Bringing together contributors from a wide range of disciplines, Dale Mathers and contributors show that therapy is both art and science, that the consulting room is the alchemical laboratory, and that their research is their creative engagement. *Alchemy and Psychotherapy* will be a valuable resource for practitioners, students at all levels of psychotherapy, analytical psychology, psychoanalysis and creative, art-based therapies and for creative practitioners (in film, literature and performing arts) who draw on Jung's ideas.

## Alchemy and Psychotherapy: Post-Jungian Perspectives From Routledge Bibliography

- Sales Rank: #1634457 in Books
- Published on: 2014-03-15
- Released on: 2014-03-06
- Original language: English
- Number of items: 1

- Dimensions: 9.21" h x .70" w x 6.14" l, 1.03 pounds
- Binding: Paperback
- 304 pages

 [Download Alchemy and Psychotherapy: Post-Jungian Perspectiv ...pdf](#)

 [Read Online Alchemy and Psychotherapy: Post-Jungian Perspect ...pdf](#)

## **Editorial Review**

### **Review**

"A unique, coherent and multi-faceted volume. For those who find the Jungian use of alchemy bewildering, the book brings clarity and much-needed explanation. For those already into alchemy, the sheer range of topics covered and the vigour of the writing – from philosophy of science to religious experience to clinical practice – will make for an indispensable resource. Now that the intellectual and cultural climate in the West demonstrates the shifting, relative and mutable nature of things like science, bodies, sexualities, health and illness, we are justified in asking, together with these authors: Why does anyone need to be afraid of alchemy?" - **Andrew Samuels, Professor of Analytical Psychology, University of Essex**

### **About the Author**

**Dale Mathers** is a member of the Association of Jungian Analysts, and a psychiatrist and humanistic psychotherapist. He teaches analytical psychology in the UK and Europe and is in private practice in South London.

## **Users Review**

### **From reader reviews:**

#### **Dennis Johnson:**

Do you have favorite book? For those who have, what is your favorite's book? Publication is very important thing for us to be aware of everything in the world. Each guide has different aim as well as goal; it means that guide has different type. Some people experience enjoy to spend their time for you to read a book. They are really reading whatever they get because their hobby will be reading a book. How about the person who don't like looking at a book? Sometime, man feel need book if they found difficult problem or perhaps exercise. Well, probably you will want this Alchemy and Psychotherapy: Post-Jungian Perspectives.

#### **Dustin Kellett:**

This Alchemy and Psychotherapy: Post-Jungian Perspectives book is just not ordinary book, you have it then the world is in your hands. The benefit you will get by reading this book is definitely information inside this guide incredible fresh, you will get details which is getting deeper a person read a lot of information you will get. This kind of Alchemy and Psychotherapy: Post-Jungian Perspectives without we recognize teach the one who studying it become critical in considering and analyzing. Don't end up being worry Alchemy and Psychotherapy: Post-Jungian Perspectives can bring whenever you are and not make your case space or bookshelves' become full because you can have it in your lovely laptop even telephone. This Alchemy and Psychotherapy: Post-Jungian Perspectives having good arrangement in word and also layout, so you will not feel uninterested in reading.

**Paul Smith:**

Alchemy and Psychotherapy: Post-Jungian Perspectives can be one of your basic books that are good idea. We recommend that straight away because this publication has good vocabulary that will increase your knowledge in terminology, easy to understand, bit entertaining but delivering the information. The article author giving his/her effort to place every word into enjoyment arrangement in writing Alchemy and Psychotherapy: Post-Jungian Perspectives but doesn't forget the main point, giving the reader the hottest as well as based confirm resource facts that maybe you can be certainly one of it. This great information may drawn you into fresh stage of crucial considering.

**Elizabeth Bello:**

Do you like reading a reserve? Confuse to looking for your selected book? Or your book ended up being rare? Why so many query for the book? But any kind of people feel that they enjoy to get reading. Some people likes reading, not only science book but novel and Alchemy and Psychotherapy: Post-Jungian Perspectives or others sources were given know-how for you. After you know how the fantastic a book, you feel need to read more and more. Science publication was created for teacher or even students especially. Those guides are helping them to increase their knowledge. In other case, beside science reserve, any other book likes Alchemy and Psychotherapy: Post-Jungian Perspectives to make your spare time much more colorful. Many types of book like this.

**Download and Read Online Alchemy and Psychotherapy: Post-Jungian Perspectives From Routledge #0GV4S69LIEQ**

# **Read Alchemy and Psychotherapy: Post-Jungian Perspectives From Routledge for online ebook**

Alchemy and Psychotherapy: Post-Jungian Perspectives From Routledge Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Alchemy and Psychotherapy: Post-Jungian Perspectives From Routledge books to read online.

## **Online Alchemy and Psychotherapy: Post-Jungian Perspectives From Routledge ebook PDF download**

**Alchemy and Psychotherapy: Post-Jungian Perspectives From Routledge Doc**

**Alchemy and Psychotherapy: Post-Jungian Perspectives From Routledge Mobipocket**

**Alchemy and Psychotherapy: Post-Jungian Perspectives From Routledge EPub**