



It's All Too Much: An Easy Plan for Living a Richer Life with Less Stuff

By Peter Walsh

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Whether it's tidying up or tiny-house living, the decluttering revolution is taking America by storm. In *It's All Too Much* organizational expert Peter Walsh reveals the tools for taking control of your physical—and emotional—clutter in order to reclaim your life.

Are you surrounded by papers? Overstuffed closets? Are you stepping over toys or searching under piles, and leaving boxes of mementos unopened for years? Do you feel under siege by your belongings? Peter Walsh, the organizational guru from TLC's hit show *Clean Sweep*, understands.

It's All Too Much is Peter's proven system for anyone who wants to let go and escape the suffocating clutter in their lives. With his good humor and reassuring advice, Peter shows you how to face the really big question: What is the vision for the life you want to live? Through simple techniques and step-by-step plans, you can assess the state of your home, prioritize your possessions, and let go of the clutter you have been holding on to that has kept you from living the life you imagine. Going way beyond color-coded boxes and storage bin solutions, *It's All Too Much* shows you how to honestly determine what adds to your quality of life and what's keeping you from living the life of your dreams. The result is freed-up space, less stress, and more energy for living a happier, richer life every day.

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It's All Too Much: An Easy Plan for Living a Richer Life with Less Stuff By Peter Walsh Bibliography

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Editorial Review

From Publishers Weekly

Veteran "organizational consultant," TV show host and author Walsh (How to Organize (Just About) Everything) has more ideas in his latest book on clutter management than the spare closet has junk, and, even better, it's organized, in-depth and entirely user-friendly. Part One examines the "Clutter Problem": how it happens, how it hampers and how to face it without excuses or discouragement. Part Two presents a step-by-step approach to "Putting Clutter in its Place," which begins with "surface clutter" and developing a household plan before moving on to the bulk of the book, a walkthrough of each room in the home. Also included are ideas for involving other family members, letters Walsh has received from viewers of his TLC show "Clean Sweep," vignettes illustrating how real people deal with common organizational challenges and plenty of charts, checklists and sidebars ("Clutter Quiz," "Yard Sale Planning") for added utility. Walsh is upbeat and funny throughout, treating the task at hand like "a thrilling archeological dig," a "positive and exciting" way to unlock your "ideal home" and "unearth those things that are most important in your life." Entertaining and instructive, this is one guidebook readers should place in their "keep" pile.

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Review

"The best organizing advice we've ever heard!" -- *Woman's Day*

About the Author

Peter Walsh is a clutter expert and organizational consultant who characterizes himself as part-contractor and part-therapist. He can be heard weekly on *The Peter Walsh Show* on the Oprah and Friends XM radio network, was a regular guest on *The Oprah Winfrey Show*, and was also the host of the hit TLC show *Clean Sweep*. Peter holds a master's degree with a specialty in educational psychology. He divides his time between Los Angeles and Melbourne, Australia.

Users Review

From reader reviews:

Betty Castaneda:

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Michael Barth:

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