



# It's All Too Much: An Easy Plan for Living a Richer Life with Less Stuff

By Peter Walsh

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**It's All Too Much: An Easy Plan for Living a Richer Life with Less Stuff** By Peter Walsh

Whether it's tidying up or tiny-house living, the decluttering revolution is taking America by storm. In *It's All Too Much* organizational expert Peter Walsh reveals the tools for taking control of your physical—and emotional—clutter in order to reclaim your life.

Are you surrounded by papers? Overstuffed closets? Are you stepping over toys or searching under piles, and leaving boxes of mementos unopened for years? Do you feel under siege by your belongings? Peter Walsh, the organizational guru from TLC's hit show *Clean Sweep*, understands.

*It's All Too Much* is Peter's proven system for anyone who wants to let go and escape the suffocating clutter in their lives. With his good humor and reassuring advice, Peter shows you how to face the really big question: What is the vision for the life you want to live? Through simple techniques and step-by-step plans, you can assess the state of your home, prioritize your possessions, and let go of the clutter you have been holding on to that has kept you from living the life you imagine. Going way beyond color-coded boxes and storage bin solutions, *It's All Too Much* shows you how to honestly determine what adds to your quality of life and what's keeping you from living the life of your dreams. The result is freed-up space, less stress, and more energy for living a happier, richer life every day.

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## **It's All Too Much: An Easy Plan for Living a Richer Life with Less Stuff By Peter Walsh Bibliography**

- Sales Rank: #43215 in Books
- Brand: Walsh, Peter
- Published on: 2007-11-06
- Released on: 2007-11-06
- Original language: English
- Number of items: 1
- Dimensions: 8.44" h x .50" w x 5.50" l, .49 pounds
- Binding: Paperback
- 230 pages

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### **Editorial Review**

From Publishers Weekly

Veteran "organizational consultant," TV show host and author Walsh (*How to Organize (Just About) Everything*) has more ideas in his latest book on clutter management than the spare closet has junk, and, even better, it's organized, in-depth and entirely user-friendly. Part One examines the "Clutter Problem": how it happens, how it hampers and how to face it without excuses or discouragement. Part Two presents a step-by-step approach to "Putting Clutter in its Place," which begins with "surface clutter" and developing a household plan before moving on to the bulk of the book, a walkthrough of each room in the home. Also included are ideas for involving other family members, letters Walsh has received from viewers of his TLC show "Clean Sweep," vignettes illustrating how real people deal with common organizational challenges and plenty of charts, checklists and sidebars ("Clutter Quiz," "Yard Sale Planning") for added utility. Walsh is upbeat and funny throughout, treating the task at hand like "a thrilling archeological dig," a "positive and exciting" way to unlock your "ideal home" and "unearth those things that are most important in your life." Entertaining and instructive, this is one guidebook readers should place in their "keep" pile. Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

Review

"The best organizing advice we've ever heard!" -- *Woman's Day*

About the Author

Peter Walsh is a clutter expert and organizational consultant who characterizes himself as part-contractor and part-therapist. He can be heard weekly on *The Peter Walsh Show* on the Oprah and Friends XM radio network, was a regular guest on *The Oprah Winfrey Show*, and was also the host of the hit TLC show *Clean Sweep*. Peter holds a master's degree with a specialty in educational psychology. He divides his time between Los Angeles and Melbourne, Australia.

### **Users Review**

**From reader reviews:**

**Betty Castaneda:**

Have you spare time for a day? What do you do when you have considerably more or little spare time? Yes, you can choose the suitable activity with regard to spend your time. Any person spent their own spare time to take a go walking, shopping, or went to the actual Mall. How about open or perhaps read a book titled *It's All Too Much: An Easy Plan for Living a Richer Life with Less Stuff*? Maybe it is for being best activity for you. You realize beside you can spend your time along with your favorite's book, you can cleverer than before. Do you agree with its opinion or you have some other opinion?

**Dora Vazquez:**

The book *It's All Too Much: An Easy Plan for Living a Richer Life with Less Stuff* gives you the sense of being enjoy for your spare time. You should use to make your capable more increase. Book can to be your best friend when you getting strain or having big problem with the subject. If you can make reading a book

It's All Too Much: An Easy Plan for Living a Richer Life with Less Stuff for being your habit, you can get much more advantages, like add your current capable, increase your knowledge about several or all subjects. You could know everything if you like start and read a guide It's All Too Much: An Easy Plan for Living a Richer Life with Less Stuff. Kinds of book are several. It means that, science publication or encyclopedia or some others. So , how do you think about this publication?

#### **Joseph Asher:**

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#### **Michael Barth:**

Spent a free the perfect time to be fun activity to try and do! A lot of people spent their down time with their family, or their particular friends. Usually they performing activity like watching television, going to beach, or picnic inside the park. They actually doing same task every week. Do you feel it? Would you like to something different to fill your personal free time/ holiday? Could possibly be reading a book might be option to fill your cost-free time/ holiday. The first thing you will ask may be what kinds of guide that you should read. If you want to consider look for book, may be the guide untitled It's All Too Much: An Easy Plan for Living a Richer Life with Less Stuff can be fine book to read. May be it may be best activity to you.

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