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Written by an international board of experts, this comprehensive text provides an in-depth review on the treatment and rehabilitation of the most common sports-related injuries according to the latest scientific developments in functional rehabilitation and the most clinically relevant features of pathophysiology of sports lesions. The management of acute and overuse sports lesions are classified by body area -- spine, upper and lower extremity.

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Review

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"This book is ... extremely welcome. As the title suggests, it deals with the rehabilitation of sports injuries. ... This book is well written and, importantly, up to date. The book has a number of plus points; it is well illustrated Colored data boxes, summaries, and tables also make the book easier to read. There is a good index and excellent reference sections for each chapter. ... I recommend this book to active surgeons who treat patients with sports-related injuries ..." (J. Karlsson, *Knee Surgery, Sports Traumatology, Arthroscopy*, Issue 11, 2003)

"The purpose of this book is to provide a comprehensive coverage of the principles and practical applications of the rehabilitation methods for the most common sports injuries, combining the expertise and backgrounds of a multidisciplinary group of contributing authors. ... Each chapter is complete with a comprehensive and up to date bibliography. This book is recommended to physicians and physical therapists interested in sports medicine, and, due to its pragmatic style and clear text and tables, represents a useful manual for consultation in everyday practice." (S. Vercelli, *Medicina dello Sport*, Vol. 55 (2), 2002)

"The book includes nineteen chapters covering the essential features of rehabilitation after sports injuries This multiauthored book on a common topic ... is highly recommended. The editors did an excellent job of maintaining uniform quality The manuscript is presented in an extremely attractive format, which enhances the reader's appreciation of the data. ... In summary, the authors have succeeded in their goal of providing a comprehensive reference this book should be mandatory reading for anyone who treats sports injuries." (P. Haentjens, *Acta Orthopaedica Belgica*, Vol. 67 (5), 2001)

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