



The Naked Consultation: A Practical Guide to Primary Care Consultation Skills

By Liz Moulton

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In training, a great deal of time and attention is devoted to consultation skills. However, once these individuals become fully fledged, few have any formal opportunity to reflect further on them. It is assumed that they can now consult well enough and will continue to learn 'on the job'. Over the years, habits can become ingrained, and clinicians may not consider alternative approaches to consultations. Sometimes doctors and nurses only really start to think about consultations when something starts to go wrong. Don't wait until then!

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Editorial Review

Review

"I am not much given to fan mail, but I feel compelled to let you know that I am tearing my way through *The Naked Consultation* and consider it the most practical and useful work on the matter ever produced in the UK. It is some time since I have read a book that has given me more than a single new insight?yours has brought me a bucketfull. Thanks. Well done."

?Dr. Malcolm Thomas, Medical Director, Effective Professional Interactions Ltd, Morpeth, UK

"This practical guide to consultation skills is written by a GP However, practice, specialist and consultant nurses will find that its focus on consultation processes, skills and the use of counselling will help them enhance their work with patients. There is an excellent 'jargon buster' defining and describing a comprehensive list of terms and a selection of useful document templates. Many chapters are short, focusing attention on basic but important skills. Excellent!"

?*Nursing Standard*

"Liz Moulton?a GP and trainer?has come up with a practical vade mecum for any doctors interested in buffing up their rusty consulting skills, adding a few new tools to their consulting toolkit, or even diagnosing what went wrong in their latest consultation from hell. What I like about it is that it breaks the consultation down into key phases that GPs will recognise (for example, the beginning, getting patients to tell you what's wrong, safety netting, and ending), and then draws on whichever models might be relevant to that bit. This is a readable book with plenty of case studies and action points to try. Unlike some books I've reviewed, *The Naked Consultation* won't be filed in my loft?it'll sit right next to the *Oxford Handbook* on my consulting desk."

?*BMJ Careers*

"A must for anyone who wishes to improve their consultation skills or aims to better understand the process of making a cup of tea! Particularly good for the beginner (medical student, ST1 registrar) or the time-pushed, as the author gives clearly presented, readable summaries of the key theories in this field. I am a clinical teaching fellow in primary care and currently recommend this book to all our students."

?*Books.google.co.uk*

"This charming book has a contemporary style which sets it apart from other consultation books. This is a must read for those aiming to pass the CSA exam comfortably. Its charm is in its easy-to-read pages with chapters listed as buzz words that are used in marking schemes for COT and CSA assessments. It consists of two parts: 'Part 1: Deconstructing the Consultation' and 'Part 2: Tools and Techniques for Learning and Improving Consultation Skills,' with an appendix 'jargon buster' at the end. This book was showcased by the recent RCGP Consultation Skills and Reducing Risk Workshop, and with good reason, in my opinion."

?Dr. Shazia Mahmud, GP, Health Sciences Library, Frimley Park Hospital NHS Foundation Trust, UK

"A useful addition to the consultation literature. The audience includes any type of primary health care practitioner, and teachers and clinical trainers would also find this useful. The author has addressed the intricacies of the consultation process with an improvement focus that engages readers and keeps them turning the pages."

?*Doody Enterprises, Inc.*

"Has a relevance to anyone who has an interest and involvement with practical and clinical patient assessment. It will also be a useful aid for lecturers and trainers who teach communication skills. A learned text that is also light and likeable."

?Cancer Care News

About the Author

Associate Director of Postgraduate General Practice Education (Yorkshire), general practitioners and GP Trainer

Users Review

From reader reviews:

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Do you have favorite book? When you have, what is your favorite's book? Book is very important thing for us to learn everything in the world. Each reserve has different aim or perhaps goal; it means that book has different type. Some people feel enjoy to spend their time to read a book. They may be reading whatever they have because their hobby will be reading a book. Think about the person who don't like looking at a book? Sometime, particular person feel need book once they found difficult problem or exercise. Well, probably you should have this The Naked Consultation: A Practical Guide to Primary Care Consultation Skills.

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