



# Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports)

By John D. Fair

[Download now](#)

[Read Online](#) 

**Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports)** By John D. Fair

For most of the twentieth century, the “Mr. America” image epitomized muscular manhood. From humble beginnings in 1939 at a small gym in Schenectady, New York, the Mr. America Contest became the world’s premier bodybuilding event over the next thirty years. Rooted in ancient Greek virtues of health, fitness, beauty, and athleticism, it showcased some of the finest specimens of American masculinity. Interviewing nearly one hundred major figures in the physical culture movement (including twenty-five Mr. Americas) and incorporating copious printed and manuscript sources, John D. Fair has created the definitive study of this iconic phenomenon.

Revealing the ways in which the contest provided a model of functional and fit manhood, Mr. America captures the event’s path to idealism and its slow descent into obscurity. As the 1960s marked a turbulent transition in American society—from the civil rights movement to the rise of feminism and increasing acceptance of homosexuality—Mr. America changed as well. Exploring the influence of other bodily displays, such as the Mr. Universe and Mr. Olympia contests and the Miss America Pageant, Fair focuses on commercialism, size obsession, and drugs that corrupted the competition’s original intent. Accessible and engaging, Mr. America is a compelling portrayal of the glory days of American muscle.

 [Download Mr. America: The Tragic History of a Bodybuilding ...pdf](#)

 [Read Online Mr. America: The Tragic History of a Bodybuildin ...pdf](#)

# **Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports)**

*By John D. Fair*

## **Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports) By John D. Fair**

For most of the twentieth century, the “Mr. America” image epitomized muscular manhood. From humble beginnings in 1939 at a small gym in Schenectady, New York, the Mr. America Contest became the world’s premier bodybuilding event over the next thirty years. Rooted in ancient Greek virtues of health, fitness, beauty, and athleticism, it showcased some of the finest specimens of American masculinity. Interviewing nearly one hundred major figures in the physical culture movement (including twenty-five Mr. Americas) and incorporating copious printed and manuscript sources, John D. Fair has created the definitive study of this iconic phenomenon.

Revealing the ways in which the contest provided a model of functional and fit manhood, *Mr. America* captures the event’s path to idealism and its slow descent into obscurity. As the 1960s marked a turbulent transition in American society—from the civil rights movement to the rise of feminism and increasing acceptance of homosexuality—*Mr. America* changed as well. Exploring the influence of other bodily displays, such as the Mr. Universe and Mr. Olympia contests and the Miss America Pageant, Fair focuses on commercialism, size obsession, and drugs that corrupted the competition’s original intent. Accessible and engaging, *Mr. America* is a compelling portrayal of the glory days of American muscle.

## **Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports) By John D. Fair Bibliography**

- Sales Rank: #995294 in Books
- Published on: 2015-01-05
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x 1.50" w x 6.00" l, .0 pounds
- Binding: Hardcover
- 473 pages



[Download Mr. America: The Tragic History of a Bodybuilding ...pdf](#)



[Read Online Mr. America: The Tragic History of a Bodybuildin ...pdf](#)

## **Download and Read Free Online Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports) By John D. Fair**

---

### **Editorial Review**

#### **Review**

"Mr. America has the potential to be a paradigm-changer . . . bound to become the new text of record on its subject. Gender scholars with interest in masculinities, readers with an interest in popular cultural changes, and those ambitious in the field of bodybuilding and weightlifting can all find plenty of connections within this new work." (Charles Kupfer, Associate Professor of American Studies and History, Penn State Harrisburg)

#### **Review**

Mr. America has the potential to be a paradigm-changer . . . bound to become the new text of record on its subject. Gender scholars with interest in masculinities, readers with an interest in popular cultural changes, and those ambitious in the field of bodybuilding and weightlifting can all find plenty of connections within this new work. (Charles Kupfer, Associate Professor of American Studies and History, Penn State Harrisburg)

#### **About the Author**

JOHN D. FAIR has authored six previous books, including *Muscletown USA: Bob Hoffman and the Manly Culture of York Barbell*. He is a retired history professor (Auburn University, Montgomery, and Georgia College & State University) and has competed in nearly eighty weightlifting/powerlifting meets, served on the national AAU weightlifting committee, and judged many physique competitions, including the 1973 Mr. America Contest. He is currently Adjunct Professor of Kinesiology and Health Education at the University of Texas at Austin's Stark Center for Physical Culture and Sports.

### **Users Review**

#### **From reader reviews:**

#### **Jason Urso:**

As people who live in the modest era should be revise about what going on or details even knowledge to make these keep up with the era which can be always change and make progress. Some of you maybe can update themselves by examining books. It is a good choice to suit your needs but the problems coming to an individual is you don't know what type you should start with. This *Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports)* is our recommendation so you keep up with the world. Why, since this book serves what you want and want in this era.

#### **Lori Parker:**

Do you one of people who can't read enjoyable if the sentence chained from the straightway, hold on guys this particular aren't like that. This *Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports)* book is readable simply by you who hate those straight word style. You will find the facts here are arrange for enjoyable reading experience without leaving possibly decrease the knowledge that want to deliver to you. The writer connected with *Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports)* content conveys

the idea easily to understand by a lot of people. The printed and e-book are not different in the content but it just different such as it. So , do you nevertheless thinking Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports) is not loveable to be your top collection reading book?

**Andre Botsford:**

The guide with title Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports) contains a lot of information that you can study it. You can get a lot of advantage after read this book. This book exist new information the information that exist in this book represented the condition of the world today. That is important to you to understand how the improvement of the world. That book will bring you within new era of the global growth. You can read the e-book in your smart phone, so you can read the idea anywhere you want.

**Beverly Woods:**

Beside this particular Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports) in your phone, it can give you a way to get nearer to the new knowledge or facts. The information and the knowledge you are going to get here is fresh through the oven so don't end up being worry if you feel like an aged people live in narrow commune. It is good thing to have Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports) because this book offers to you personally readable information. Do you sometimes have book but you don't get what it's facts concerning. Oh come on, that will not happen if you have this with your hand. The Enjoyable option here cannot be questionable, similar to treasuring beautiful island. Use you still want to miss the item? Find this book as well as read it from currently!

**Download and Read Online Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports) By John D. Fair #RTJFC7SPZDU**

# **Read Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports) By John D. Fair for online ebook**

Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports) By John D. Fair Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports) By John D. Fair books to read online.

## **Online Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports) By John D. Fair ebook PDF download**

### **Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports) By John D. Fair Doc**

### **Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports) By John D. Fair MobiPocket**

### **Mr. America: The Tragic History of a Bodybuilding Icon (Terry and Jan Todd Series on Physical Culture and Sports) By John D. Fair EPub**