



Overcoming Dyslexia: A New and Complete Science-Based Program for Reading Problems at Any Level

By Sally Shaywitz

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Overcoming Dyslexia: A New and Complete Science-Based Program for Reading Problems at Any Level By Sally Shaywitz

From one of the world's leading experts on reading and dyslexia, the most comprehensive, up-to-date, and practical book yet to help us understand, identify, and overcome the reading problems that plague American children today. For the one in every five children who has dyslexia and the millions of others who struggle to read at their own grade levels—and for their parents, teachers, and tutors—this book can make a difference.

Drawing on recent scientific breakthroughs—many of them in her own laboratory—Dr. Shaywitz demystifies the subject of reading difficulties and explains how a child can be helped to become a good reader. She discusses early diagnosis in young children as well as the diagnosing of older children, young adults, and adults. Dr. Shaywitz explains why some bright adults can read only very slowly, and what they can do about it. Her book makes clear how the latest research, including new brain imaging studies, is uncovering the mechanisms underlying dyslexia and has led to effective treatments for each age group.

Dr. Shaywitz instructs parents in what they can do year-by-year, grade-by-grade, step-by-step for a dyslexic child. She lays out a home program for enhanced reading; guides parents in choosing the best school for their child and in working with teachers; and suggests ways of raising and preserving the child's self-esteem. She provides exercises, teaching aids, information on computer programs, and many other invaluable resources.

In addition, her book corrects such popular (and harmful) myths as the belief that dyslexia is primarily a male problem, that children with dyslexia see words backward, that dyslexia is linked to intelligence. She shows us how, although dyslexia cannot be outgrown, its effects can, with careful planning and hard work, be overcome.

Dr. Shaywitz lifts the barrier of ignorance surrounding dyslexia and replaces it with the comfort of knowledge. Here is a trusted source to which you can turn for information, advice, guidance, and explanation. In sum, here is cutting-edge research translated into an easy-to-follow plan of action offering help—and hope—to all who have reading problems, and their families.

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Editorial Review

From Publishers Weekly

Yale neuroscientist Shaywitz demystifies the roots of dyslexia (a neurologically based reading difficulty affecting one in five children) and offers parents and educators hope that children with reading problems can be helped. Shaywitz delves deeply into how dyslexia occurs, explaining that magnetic resonance imaging has helped scientists trace the disability to a weakness in the language system at the phonological level.

According to Shaywitz, science now has clear evidence that the brain of the dyslexic reader is activated in a different area than that of the nonimpaired reader. Interestingly, the dyslexic reader may be strong in reasoning, problem solving and critical thinking, but invariably lacks phonemic awareness-the ability to break words apart into distinct sounds-which is critical in order to crack the reading code. The good news, Shaywitz claims, is that with the use of effective training programs, the brain can be rewired and dyslexic children can learn to read. She walks parents through ways to help children develop phonemic awareness, become fluent readers, and exercise the area of the brain essential for reading success. Early diagnosis and effective treatment, the author claims, are of utmost importance, although even older readers can learn to read skillfully with proper intervention. Shaywitz's groundbreaking work builds an important bridge from the laboratory to the home and classroom. 34 line drawings and graphs

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From Library Journal

Dyslexia explained and treated by the codirector of the Yale Center for the Study of Learning.

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From [Booklist](#)

Shaywitz, a neuroscientist and Yale pediatrics professor, offers scientific and human perspectives on a reading problem that troubles one in every five American children. Drawing on scientific research and her own case histories, Shaywitz explains what causes dyslexia, how to identify it, and how to help children and adults overcome it. In highly accessible language, Shaywitz explains recent technology and research that pinpoint areas of the brain that control the ability to read. In part 1, she explores the early history of diagnosing reading problems, biases that have crept into the evaluations of reading disabilities, and how dyslexic children are treated in schools. Part 2 explores new theories on identifying and treating dyslexia. Part 3 offers practical advice and exercises to help children become better readers year by year, and part 4 focuses on overcoming the disability. The epilogue includes commentary from dyslexic readers who've become quite successful, including John Irving, Charles Schwab, and Wendy Wasserstein. Parents and teachers will appreciate this tremendously helpful resource. *Vanessa Bush*

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Users Review

From reader reviews:

Clarence Ross:

Book is to be different for each grade. Book for children until finally adult are different content. As it is known to us that book is very important usually. The book Overcoming Dyslexia: A New and Complete Science-Based Program for Reading Problems at Any Level ended up being making you to know about other

knowledge and of course you can take more information. It is quite advantages for you. The book Overcoming Dyslexia: A New and Complete Science-Based Program for Reading Problems at Any Level is not only giving you a lot more new information but also being your friend when you feel bored. You can spend your spend time to read your e-book. Try to make relationship together with the book Overcoming Dyslexia: A New and Complete Science-Based Program for Reading Problems at Any Level. You never really feel lose out for everything in case you read some books.

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Lesley Dwyer:

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