



# Tripping: An Anthology of True-Life Psychedelic Adventures

*By Charles Hayes*

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Taking a balanced, objective approach, the book depicts a broad spectrum of altered states, from the sublime to the terrifying. Included are fifty narratives about unforgettable psychedelic experiences from an international array of subjects representing all walks of life. Supplemental essays provide a synopsis of the history and culture of psychedelics and a discussion of the kinetics of tripping.

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### Editorial Review

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Editor Hayes' "brief cultural history of tripping" contains 50 personal accounts of psychedelic drug use both by such names as sf author Robert Charles Wilson and, mostly, by first-name-only regular folks. Hayes' purpose is to delineate the place in contemporary cultural history of psychedelic substances and the urge to ingest them. "The fact is that human beings will always want to suspend everyday reality . . . and they will always be at least curious about alternate states of consciousness," he says, citing historical antecedents. The reminiscences recall using the likes of LSD and psilocybin mushrooms, and the range of experiences reported is panoramic and includes much rumination. The concluding conversation with "shamanologist," lecturer, and author Terrence McKenna, "arguably, the most eloquent . . . spokesman for the psychedelic experience and the plant kingdom from which it emanates," is entirely fitting. For seriously treating what is often characterized as nihilistic and destructive entertainment, the book deserves its place in the literature of psychoactive substances. *Mike Tribby*

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### Review

"... a fascinating journey through the wonders and terrors of psychedelic life." -- *Elle*, Nov. 2000

...the best collection of psychedelic traveler's tales that I have read in a long, long time. -- *Jay Stevens, author of Storming Heaven: LSD and the American Dream*

This courageous book ...will captivate, inspire, caution and educate. -- *Rick Doblin, founder, Multidisciplinary Association for Psychedelic Studies*

This terrifically engaging compendium ...avoids all of the expected ...cliches. ...a group of highly literate...testimonies... -- *Publishers Weekly, September 11, 2000*

### About the Author

**Charles Hayes** has been a writer/editor for a variety of businesses and organizations, a communications manager for a marketing firm, and a journalist whose work has appeared in **The Earth Times** and **E Magazine**. A resident of Westchester County, New York, Charles can be contacted by email at [trippingtales@aol.com](mailto:trippingtales@aol.com) and at his website, [www.psychedelicaadventures.com](http://www.psychedelicaadventures.com)

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### **Christopher Melendez:**

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