



# Hindu Wedding Rituals - Symbolism and Significance

By Shubha B. Subbarao

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**Hindu Wedding Rituals - Symbolism and Significance** By Shubha B. Subbarao

Hindu Wedding Rituals - Symbolism and Significance is a timely answer to a growing interest in the wedding rituals, among the youth as well as the adults. The author has compiled, streamlined and simplified the explanations of the rituals and their significance. Chapters on the wedding feast and samagri (or items) provide useful planning tips. First hand narratives from young couples married in the Hindu tradition, lends a personal touch to the book. The narrative style in this book is highly effective, is complemented with over 50 color figures, glossary, table of figures, pronunciation, index and interjected with appropriate humor. The book is a must-read for those interested in Indian traditions and youngsters from Indian ancestry.

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## **Editorial Review**

### **Review**

This is a timely answer to a growing interest among the youth as well as the adults to get more out of the Hindu rituals. Shubha has done an excellent job of compiling, streamlining and simplifying the explanations. She has presented them in an appealing fashion to the modern youth at the same time staying within the boundaries laid down by the scriptures. This book will be highly useful to youngsters growing up in India and abroad. It will also help parents making preparations for their children's weddings. The narrative style in this book is highly effective, is complemented with photographs, and interjected with appropriate humor. -- Prof. Shankar Sastry, Washington University, St. Louis

As an American Desi, I have limited understanding of the many elaborate Indian traditions. Shubha helps bring a deeper understanding of the Hindu wedding rituals. I recommend this book, not only for my generation but also to anyone looking to gain a better knowledge of the rituals. --Ms. Amulya Upadhya, College Student, Columbia

Shubha deserves to be congratulated for writing this excellent, brief but lucid, monograph which outlines and clarifies the complex rituals involved in a Hindu wedding. This book is a must read for Indians who grew up in the US but are still desirous of maintaining our long standing traditions and culture. --Dr. Srinath Bellur, Founder Wesly Neurology Clinic, Memphis

### **About the Author**

Shubha B. Subbarao is a writer, entrepreneur, musician and photographer. She has written columns for the Green Bay Press Gazette, and has published articles in Herb Quarterly, Herb Companion and Skipping Stones. Hers is an arranged wedding. She volunteers at the Boys and Girls Scouts, Bal Vihar and at her children's school. She is an active member of several South East Asian cultural organizations in St. Louis and volunteers her time to give back to the community.

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