



## Iceman: My Fighting Life

By Chuck Liddell, Chad Millman

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**Iceman: My Fighting Life** By Chuck Liddell, Chad Millman

**The *New York Times* bestseller from the baddest man on the planet—with photos and a brand new chapter.**

Chuck Liddell is the face of the Ultimate Fighting Championship, and superstar of Mixed Martial Arts -- the fastest growing sport in America. In 1998, he won his first Mixed Martial Arts fight, soon after joining the UFC to become the #1 ranked light-heavyweight contender in the world. He is a walking lethal weapon.

Here, for the first time, is the story of Chuck Liddell inside and outside the Octagon—from his childhood in the poor section of Santa Barbara to the bloodiest battles of his career, to balancing life as a father, a UFC champ, and a superstar. With never-before-seen photos—and an all-new chapter added for this edition—*Iceman* is the true, no-holds-barred story of Chuck Liddell's fight to become a champion.

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## **Iceman: My Fighting Life By Chuck Liddell, Chad Millman Bibliography**

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## Editorial Review

### Review

“What’s not to love about Chuck Liddell? He has transcended the sport to become a cultural icon. He is The Guy for most guys, a real-life hero in a world of spoiled, whiny poseurs. Arnold, without the script.”

—*ESPN The Magazine*

“Around 80 percent of the fighters have college degrees, including Chuck Liddell, who may look like a bouncer at a biker bar but was an accounting major at Cal Poly.”

—*Sports Illustrated*

“Liddell, thirty-seven, who stands 6'2" and weighs 220 pounds, has become mixed martial arts’ most recognized superstar.”

—*USA Today*

### About the Author

**Chuck Liddell** became the UFC’s light heavyweight champion in 2005, a title he held for two years.

**Chad Millman** is a deputy editor at *ESPN the Magazine*.

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