



## Wind Strategy (Sail to Win)

By David Houghton, Fiona Campbell

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**Wind Strategy (Sail to Win)** By David Houghton, Fiona Campbell

The wind powers everything a sailor does and this book will help you to understand it. As a result you will be more prepared for your race, able to anticipate changes in the wind better and know what to do when they come. The first edition of this book was published in 1986, and it has been the go-to wind book for dinghy champions ever since. This new-look fourth edition is fully updated for modern forecasting and analyses a revised set of popular racing venues around the world: unveiling what to expect from the weather at over 25 regatta locations, it will get you ahead of the competition and powering up the leader board.

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### Editorial Review

#### Review

“It covers everything a dinghy sailor could possibly need to know about how wind and weather can affect you on the race course, and the knowledge here can help put you one step ahead of the competition before the start gun has even fired.” (*The Final Beat*)

“It's got a fairly simple rule of thumb which makes you look like you have a 4th sense for the weather.” (*Steve Cockerill, Rooster Sailing*)

“A good read for sailors of all abilities with plenty of illustrations to guide the club sailor and regular racers.” (*Gybe Magazine*)

“The go-to book for racing sailors seeking to improve their understanding of the vagaries of the wind.” (*Yachting Life*)

#### About the Author

David Houghton was a passionate meteorologist, spending over 30 years at the UK Met Office, and was responsible for introducing the marketing of weather services commercially. He was a member of the Royal Meteorological Society from 1949. In 2000 he was awarded the Society's Michael Hunt Award for “excellence in increasing the understanding of meteorology or its applied disciplines among members of the general public, including particular groups (e.g. sailors)”. David worked as an advisor to Olympic, Admiral's Cup, America's Cup and Round the World sailing teams for over 30 years. He also wrote Weather at Sea for cruising sailors.

Fiona Campbell is a successful meteorologist with a passion for the environment and a love of sailing. Fiona took over from David Houghton the responsibility for advising the UK's top sailing teams at Olympic, European and World regattas, as well as GBR and other America's Cup challenges. She has also worked to help boat designers, competitors and race organisers, such as Cowes Week, to optimise their performance. Fiona worked alongside weather legend David Houghton for many years.

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##### **Jessica Lantigua:**

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**Rodney Alvarez:**

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**Janice Arias:**

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