



Search For The Real Self : Unmasking The Personality Disorders Of Our Age

By James F. Masterson

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Search For The Real Self : Unmasking The Personality Disorders Of Our Age By James F. Masterson

From the authoritative expert in personality disorders, *Search for the Real Self* is a thorough dissection of how one's real self is developed, how it relates to the outer world, and how personality disorders are understood and treated in our modern society.

Personality disorders—borderline, narcissistic, and schizoid—have become the classic psychological disorders of our age. Outwardly successful, charming and powerful, personality-disordered individuals have long confounded their colleagues, family, lovers and employees—as well as mental health professionals. The author helps the reader understand them. After describing how the healthy real self develops and functions, he explains what can go wrong. Drawing on case histories, he shows how the false self behaves in relationships and on the job, and then delineates appropriate treatments, offering real hope for cure.

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Editorial Review

About the Author

A prominent psychiatrist, James F. Masterson was born in Pennsylvania and educated at the University of Notre Dame and Jefferson Medical College. As a psychiatrist, Masterson became an authority on the treatment of personality disorders. He founded the Masterson Institute for Psychoanalytic Psychotherapy in 1977 and he wrote seven influential texts during his career. He died in 2010.

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