

Anti-Inflammatory Oxygen Therapy: Your Complete Guide to Understanding and Using Natural Oxygen Therapy

By Mark Sircus

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It is invisible, it is powerful, and it is life sustaining. It is oxygen. We inhale it every day of our lives, and while it makes up only 21 percent of the air we breathe, it is key to our very existence. The more we learn about its healing properties, the more we recognize its tremendous potential as a medical treatment for many serious disorders. Yet few have known about its important therapeutic uses?until now. In his new book, *Anti-Inflammatory Oxygen Therapy*, best-selling author Dr.

Mark Sircus examines the remarkable benefits oxygen therapy offers, from detoxification to treatments for disorders such as arthritis and aging, with a special emphasis on cancer.

While the term “oxygen therapy” conjures images of a crucially ill patient lying in a hospital bed with tubes strapped to his face, this book will show that oxygen can offer so much more. Dr. Sircus first looks at the nature of oxygen and its purpose in the body. He then provides an understanding of how inflammation works to destroy the body’s tissues over time, and how oxygen can reverse this process. He examines the current treatments that use hyperbaric oxygen chambers as well as newer protocols that employ this vital element. In addition, Dr. Sircus offers a simple, safe, and highly effective fifteen-minute technique that can be used in the privacy of your home so that you can enjoy maximum benefits for a healthier life.

If you are wondering why you haven’t heard about this “miracle” treatment before, the truth is that oxygen cannot be patented, it is not expensive, and you don’t have to be a specialist to use it. Without a tremendous profit behind it, it’s become a well-kept secret, but the facts speak for themselves. In this book, you will learn these life-altering facts?information that could change your health for the better.

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Editorial Review

About the Author

Mark Sircus, Ac., OMD, DM (P) was trained in acupuncture and Oriental medicine at the Institute of Traditional Medicine in Santa Fe and the School of Traditional Medicine of New England in Boston. He also served at the Central Public Hospital of Pochutla, Mexico. He is part of the Scientific Advisory and Research Development team of the Da Vinci College of Holistic Medicine.

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Ambulance crews have often regarded oxygen as something approaching a wonder drug. Oxygen has always been a lifesaving treatment and now doctors and patients can do much more lifesaving because they will be able to give much more oxygen. What you are going to read in this book will have a strong impact on the future practice of medicine. What has been discovered is a new form of therapy that allows for unlimited oxygen to be administered safely. ***Anti-Inflammatory Oxygen Therapy*** introduces a new simple way of injecting massive amounts of oxygen into the cells. In fifteen minutes one can open the cells allowing them to detoxify as they gulp down higher levels of oxygen. What I have discovered will help many people pull out of chronic situations where they have not been able to do so before.

Dr. Paul Harch's book, *The Oxygen Revolution*, details firsthand accounts of the healing and restorative effects of Hyperbaric Oxygen Therapy, commonly referred to as HBOT. The list of diseases and trauma that Dr. Harch contends can be treated with HBOT is extensive---so extensive that the reader could find themselves thinking that HBOT is being put forth as a panacea: good for whatever ails you. Though he is quick to point out the therapy is not a cure-all, in most of the cases he describes, there has been improvement in the patients' conditions.

Anti-Inflammatory Oxygen Therapy does everything that HBOT does and more, much more. HBOT does not reach the threshold of oxygen where a broad, deep, and quick anti-inflammatory effect occurs. Anti-inflammatory Oxygen Therapy is like putting out a candle flame with your fingers. In the first 15 minute session (or let's say first four sessions) the inflammation in the capillaries will be snubbed and a layer of toxins will be cleared. Oxygen will rush into the cells bringing the energy and the physiological processes necessary to heal. It used to be called Oxygen Multi-Step Therapy or EWOT (Exercise with Oxygen Therapy), which would take as much as 32 hours to do what can be done in fifteen minutes.

Oxygen Multi-Step Therapy was invented by Dr. Manfred von Ardenne of Germany. Dr. von Ardenne was probably Otto Warburg's prize student. Warburg received the 1931 Nobel Prize for proving that cancer can only grow in an oxygen-starved environment. Cancer is anaerobic. Dr. von Ardenne went on to do approximately 150 studies combining exercise with extra oxygen. Anti-Inflammatory Oxygen Therapy takes oxygen therapies to a new level with the use of a new simple invention that makes these older oxygen therapies much more effective. By improving delivery of the most important substance for tissue life and repair, the body will have a much better opportunity to correct any problem. Anti-inflammatory Oxygen Therapy is the most dramatic single thing you can do to prevent disease and restore health. Now we have the tools to turn back the aging clock in our circulation to youthful parameters in just a few weeks.

Nothing comes close to the raw healing and detoxifying and alkalizing power of oxygen. Oxygen is the answer to everything right and wrong with life and if one gets enough of it one can heal from just about anything. Anti-Inflammatory Oxygen Therapy is the process of avalanching down on the cells a massive amount of oxygen---in other words---a massive amount of healing life force. *The Oxygen Revolution* and Hyperbaric Oxygen Therapy in general only introduce what is possible with the higher oxygen levels that are made possible with Anti-Inflammatory Oxygen Therapy.

Anti-Inflammatory Oxygen Therapy is a monumental breakthrough that can benefit nearly everyone and is easily administered in your own home. It will bring you back to the fountain of your own fully oxygenated youth so the anti-aging community will love this therapy as will athletes and sports trainers. Every clinic should have one as well as spas. One's first medical dollars need to be allocated for oxygen; for nothing will give you anywhere near the same bang for the buck as Anti-Inflammatory Oxygen Therapy.

This book is designed to present a clear understanding of the healing properties of oxygen. In Part One you will be introduced to oxygen and its many roles in supporting and maintaining your body's vital functions. It takes a look at oxygen as a nutritional drug, as a therapeutic agent, and the miraculous healing properties of oxygen in chronic and acute patient care. In this section you will gain an understanding of how one develops low-oxygen levels and how oxygen deficiency has been linked to almost every major illness. You will also learn how inflammation works to destroy the body's tissues over time, and how oxygen, along with carbon dioxide, sodium bicarbonate, and magnesium can reverse this process.

Part Two of the book sets the foundation for understanding proper breathing techniques which can be achieved through respiratory training and breathing devices to restore the body to optimum health. It examines how a lack of oxygen causes cells to age, and how oxygen treatments can effectively be used for anti-aging. This knowledge base will also allow you to see how oxygen-rich blood can improve your sex life by acting as a stress reliever, increasing circulation, and speeding up your metabolism.

In Part Three, you will take a closer look at the way the medical community currently views and treats cancer. This section provides a better understanding of the causes of cancer?and how it can be prevented. It examines the common triggers and key factors that cause inflammation?and you will learn how cancer starts with inflammation. This section also lays out the research that shows that oxygen consumption is related to a decreased risk of cancer death, as well as lessening the chances of the occurrence of other diseases, such as Parkinson's, Alzheimer's, and cardiovascular disease. You will also learn why choosing rays for radiation and chemicals for chemotherapy are the wrong choices and that oxygen therapy itself is the ultimate chemotherapy. The last chapter in this section demonstrates how chronic inflammatory illnesses, when not treated correctly or left untreated, may lead to cancer. This chapter specifically deals with GERD (Gastroesophageal reflux disease)?how low-oxygen conditions may lead to esophageal cancer, and how to potentially prevent it from ever developing.

By the time you finish reading ***Anti-Inflammatory Oxygen Therapy***, you will be equipped with the knowledge of how and why improving the delivery of the most important substance for tissue life and repair gives the body a much better opportunity to correct any health problem. Anti-Inflammatory Oxygen Therapy offers the world of oncology the most powerful way of injecting oxygen into the body for anyone still capable of getting on a stationary bicycle, treadmill, or jumper. Anti-inflammatory Oxygen Therapy is the most dramatic single thing you can do to prevent disease and restore well-being.

Users Review

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Linda Haag:

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