



The Purpose of Boys: Helping Our Sons Find Meaning, Significance, and Direction in Their Lives

By Michael Gurian

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The Purpose of Boys: Helping Our Sons Find Meaning, Significance, and Direction in Their Lives By Michael Gurian

The final and conclusive book in the groundbreaking series on boys and their development

In this climax to his series of landmark books about boys, Michael Gurian offers a powerful new program to help us give our sons a core purpose—a program based on building morality, character, career goals, the ability to form intimate relationships, selflessness, personal and community responsibility, and an accelerated process of developmental maturity. Gurian reveals how important purpose is for the success and happiness of boys and explains how a boy's core personality, nature, and genetic predisposition functions to create both strengths and weaknesses in their journey towards maturity.

- Includes an innovative program for support and interventions according to the unique needs, weaknesses, and strengths of each individual young man.
- This book is the follow-up to Gurian's bestselling *The Minds of Boys*
- Draws on the latest science and field research on how boys develop neurologically
- Gurian explores the unique issues boys must confront, and shows how their strategy for moral development and success in life is predicated on their nature and genetic predispositions.

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The Purpose of Boys: Helping Our Sons Find Meaning, Significance, and Direction in Their Lives By Michael Gurian **Bibliography**

- Sales Rank: #1061320 in Books
- Published on: 2009-04-06
- Original language: English
- Number of items: 1
- Dimensions: 9.30" h x 1.00" w x 6.30" l, 1.01 pounds
- Binding: Hardcover
- 272 pages

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Editorial Review

From Publishers Weekly

Family therapist, author and boy advocate Gurian (*The Wonder of Boys*; *The Minds of Boys*) observes that many boys are struggling to find a sense of purpose, and society has not sufficiently stepped up to the plate to help. Gurian paints a grim picture of boys who have lost their footing; many are failing in school; turning to drugs, alcohol or gangs; and engaging in violent behavior. Gurian attributes this disturbing trend to a lack of purpose and urges parents to help their male offspring channel their energies into productive lives. By employing a three-family system, Gurian argues, parents can join together with other adults—leaders, mentors, coaches—and such institutions as schools and churches, to help boys refocus and get back on track. The author offers practical suggestions for helping parents address boys' needs, tackling such issues as sexuality, work and overuse of electronic media. Particularly useful are Gurian's boxed questions for discussion, which will help parents and educators communicate directly with boys themselves. He also includes suggestions to help boys succeed in academic settings, for example, using movement, project-driven curricula and debate. Gurian's team approach to raising a son gives parents the tools and encouragement they need to help boys find direction and fulfillment. (Apr.)

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Review

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From the Inside Flap

From Michael Gurian, the groundbreaking author of the best-selling books *The Wonder of Boys* and *The Minds of Boys*, comes the final volume in his definitive trilogy on boys.

In this remarkable work, Gurian presents a tool kit for parents who want to discover how to inspire the ultimate fulfillment of their son's life. As he explains, purpose is vital for the success and happiness of every boy. Throughout the book, Gurian shows how parents can help boys build motivation, character, selflessness, meaningful and intimate relationships, a sense of responsibility to family and community, pride in their own good work, and mental and physical health.

Based on the latest scientific research regarding how boys develop neurologically, *The Purpose of Boys* reveals what it takes to best support boys and address their unique needs, weaknesses, and strengths. The book offers an understanding of what is happening inside a boy's brain as he grows up, from birth through

early adulthood. The author also explores the roles of the nuclear and extended family, communities, and neighborhoods; the best schools for boys; and specific rite-of-passage experiences and how they influence a young man's personal growth.

The Purpose of Boys outlines a map parents can use to help their own sons wrestle with everyday life events and growth. And the book serves as a model to help all of our sons seek a successful future while still boys, adolescents, and young men.

Users Review

From reader reviews:

Hans Diaz:

Have you spare time for a day? What do you do when you have much more or little spare time? Yes, you can choose the suitable activity regarding spend your time. Any person spent their spare time to take a stroll, shopping, or went to the Mall. How about open or maybe read a book entitled The Purpose of Boys: Helping Our Sons Find Meaning, Significance, and Direction in Their Lives? Maybe it is to become best activity for you. You know beside you can spend your time together with your favorite's book, you can smarter than before. Do you agree with the opinion or you have various other opinion?

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