



True Work: The Sacred Dimension of Earning a Living

By Justine Willis, Michael Toms

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"Justine and Michael Toms are people of enormous heart and imagination and their work has helped millions."

--Thomas Moore,
author of Care of the Soul

"This book does something extraordinary. It propels the reader toward new ways of being and working in the world of the next millennium."

--Jean Houston,
author of A Passion for the Possible

Here is wisdom for the workplace from the husband-and-wife team of the nationally syndicated public radio series New Dimensions, which airs each week on more than 300 stations and is often described as "Bill Moyers on radio." So many of us these days feel that we no longer have a life. All most of us have is a work. And so it behooves us to understand the true nature of work so that we can put its principles into practice at every moment. Some people are consumed by their work, others simply endure it as they anticipate the weekend or retirement, and hardly anyone enjoys it anymore. If we could find a way to transform how we view what we do so that it becomes a source of enjoyment and refreshment, it would be a cause for celebration. And indeed, this is exactly what Michael and Justine Toms provide in their remarkable book--the fruit of their own twenty-five years of practical experience.

According to the Toms, the bottom line is: Has our compassion grown with our business? Has our wisdom expanded with our budget? And has our laughter increased with our staff? Their book looks at work as service and as a spiritually sustaining activity that promotes healing. It is brimful with stories and helpful techniques culled from their radio interviews with Joseph Campbell, Buckminster Fuller, the Dalai Lama, Alice Walker, Jon Kabat-Zinn, Marsha Sinetar, and many others.

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Editorial Review

From Publishers Weekly

Work inhabits a major portion of our adult lives. The Tomses, co-founders of New Dimensions Radio, combine their experiences in business and communications with their spiritual philosophy to convey their idea that work is a service unto others, and true work is work that makes a contribution. Work may be seen as service, they argue, because work and life are connected and driven by spirit: "Work has become our spiritual practice and continually provides the opportunity to deepen and enrich our lives." The authors' idea of spirituality embraces both creativity?using the gifts and talents we each possess?and vision?dreaming and capturing a particular dream?as means of transcending the idea of work as money-making or goal-achievement. The Tomses generously sprinkle their own observations about the spirituality of work with quotations from the Dalai Lama, Thomas Moore, Joseph Campbell and others, and their book provides a perspective on the meaning and purpose of work.

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From Library Journal

The popular National Public Radio team on the spiritual side of work.

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From the Inside Flap

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Users Review

From reader reviews:

Sally Watts:

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