



## EMDR Solutions I and II COMPLETE SET

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Whether you read *EMDR Solutions* cover-to-cover or peruse one chapter that speaks to a particular technique or client population, these practical therapeutic strategies and clinical insights from EMDR practitioners who serve diverse clinical populations will be add crucial skills and knowledge to your EMDR toolbox.

The sequel, *EMDR Solutions II*, presents step-by-step instructions for implementing EMDR approaches to treat a range of issues, written by leading EMDR practitioners. Its how-to approach, mixed with ample clinical wisdom, will help clinicians excel when using EMDR to treat their clients.

Together, these two books form a comprehensive guide to understanding and implementing EMDR solutions in clinical practice.

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## **EMDR Solutions I and II COMPLETE SET** From W. W. Norton & Company Bibliography

- Sales Rank: #293209 in Books
- Published on: 2012-01-19
- Original language: English
- Dimensions: 9.70" h x 2.50" w x 6.50" l,
- Binding: Hardcover

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### **Editorial Review**

#### **Review**

“Robin Shapiro has assembled an impressive group of experienced EMDR practitioners who combine creative ideas with their solid understanding of EMDR to offer guidance to therapists working with diverse client populations. *EMDR Solutions II* provides EMDR therapists with a wealth of practical information and techniques. It is a welcome addition to the EMDR literature.” (Laurel Parnell, PhD, author of *Transforming Trauma: EMDR*)

“For those in pursuit of cutting-edge strategies using EMDR with complex and diverse populations creatively served up, I encourage you to embrace this treasure trove of gifts by some of our most well-respected EMDR clinicians/authors.” (Journal of EMDR Practice and Research)

#### **About the Author**

Robin Shapiro, MSW, LICSW, the editor of two EMDR Solutions books and *The Trauma Treatment Handbook*, is in private practice in Seattle. She is known for her informative, user-friendly workshops, insightful clinical consultation, and her popular blog *Trauma & Attachment Therapy*. She is proud to serve on the board of the EMDR Humanitarian Assistance Program.

### **Users Review**

#### **From reader reviews:**

##### **Irma Hughes:**

Have you spare time for a day? What do you do when you have a lot more or little spare time? Yes, you can choose the suitable activity regarding spend your time. Any person spent their particular spare time to take a walk, shopping, or went to typically the Mall. How about open or maybe read a book allowed EMDR Solutions I and II COMPLETE SET? Maybe it is being best activity for you. You already know beside you can spend your time with the favorite's book, you can more intelligent than before. Do you agree with their opinion or you have different opinion?

##### **Gloria Pruitt:**

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