



Groups: A Counseling Specialty (6th Edition) (Merrill Conseling)

By Samuel T. Gladding

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An engaging and current look at all aspects of group work filled with illustrations, research, and practical skills.

This user-friendly text provides readers with a complete and compelling view of group work, including types of groups, development of groups, dynamics within groups, diversity and multicultural issues in groups, specialty groups, ethical and legal issues in groups, groups across the lifespan, theories of groups, and the history of group work. Well-written and filled with helpful and enjoyable illustrations, this sixth edition textbook helps students to fully understand the four basic types of groups — therapy, counseling, guidance, and work/task — through case histories, examples, and clear language. At the same time, *Groups: A Counseling Specialty* challenges readers to think through how they would handle various group situations and to reflect and learn from their own experiences in groups.

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Editorial Review

From the Back Cover

Groups: A Counseling Specialty not only provides readers with everything they need to know about group therapy, group counseling, and work groups — it also challenges students to reflect upon what they have learned as well as upon their own experiences in groups. Current in its coverage and written to be enjoyed by students, this text presents a comprehensive look at groups, including the history of group work, dynamics of groups, leadership in groups, ethical issues in groups, multicultural aspects of groups, stages of group development, groups across the life span, and the theoretical basis for working with groups

The new sixth edition of *Groups: A Counseling Specialty* has been completely re-organized to enhance student learning and now contains a new chapter on specialty groups, 20 new case histories, and over 100 new references.

Hallmark features:

- **An engaging writing style and ample illustrations** make this book easy to follow and enjoyable to read.
- **Case histories** throughout the book help students to relate the principles and theories they have read to real-world group counseling and therapy situations.
- **An emphasis on specialty groups and multicultural counseling** allows students to learn about a diverse array of groups and how groups with distinctive focuses or backgrounds can differ.
- **An emphasis on the development of groups from task to psychotherapy** gives readers a more in-depth understanding of how different types of groups develop over time.

About the Author

Katherine Ziff is a scholar of psychiatric history and asylums. She is a public school mental health counselor and an artist. Ziff has published articles in "History of Psychiatry, Counselor Education and Supervision, Creativity in Mental Health, Chrysalis, New Research in Mental Health", and elsewhere.

Users Review

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Antoine Dejean:

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