



Why Men Won't Commit: How to Get What You (Both) Want without Playing Games

By George Weinberg

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Ever known a man to hold back from commitment, to break off a seemingly happy relationship or to push you away until you're forced to dump him? Why Men Won't Commit is here to explain what's happening and how to prevent it. Why are men afraid to commit? Dr Weinberg answers this question in Why Men Won't Commit and shows women how to help their men change their minds. Dr Weinberg considers that men have four basic needs (the need to be special, to travel light, for loyalty and for emotional closeness) and if they feel that these aren't being met they will develop bad gut reactions against their girlfriends, which will most likely mystify these women. The problem for women and men is that men themselves couldn't tell you about these needs because they've grown up establishing a 'masculine pretence' that forbids them from showing emotion or discussing problems. Dr Weinberg's Why Men Won't Commit provides a bridge between the two sexes that will lead to greater understanding, greater commitment and greater happiness. This is a unique approach to an age-old problem because it shows women why they needn't play games, or lose their own dignity, to help men commit. An informed, practical, straight-talking guide to men, or as Dr Weinberg calls them 'the fragile sex', Why Men Won't Commit is invaluable to every woman who feels her single life must end - and soon!

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Editorial Review

About the Author

George Weinberg, Ph.D., is a clinical psychologist who runs a busy high-profile practice. He is also the author of nine books, including the bestselling *Self Creation*. Dr Weinberg has appeared on many radio and television programmes including *Oprah* and written for American magazines including *Glamour*, *Cosmopolitan* and *Readers Digest*.

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Jeffrey David:

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